



Betaine Complex

This all-natural digestive aid contains Betaine HCL. Hydrochloric acid (HCL) initiates the conversion of pepsinogen to pepsin & assists protein digestion. HCL also helps to render your stomach sterile against orally ingested pathogens, prevents bacterial & fungal overgrowth of your small intestine, encourages the flow of bile & pancreatic enzymes, aids the absorption of folic acid, vitamin C, beta-carotene, iron, calcium, magnesium & zinc.

This Betaine Complex also contains Pepsin, which is the first in a series of enzymes that digest proteins.

Numerous studies have shown stomach acid secretion declines with advancing age. Such decline may increase the risk of malabsorption & certain clinical conditions such as osteoporosis, asthma, eczema, chronic hives, psoriasis, arthritis, thyroid disorder, vitiligo, chronic candida, GI infections & parasites.

Common symptoms of decreased stomach acidity, indicating the need for more include:

- Bloating, belching, burning, & flatulence immediately after meals.
- Indigestion, diarrhea, or constipation.
- A sense of fullness long after eating.
- Multiple food sensitivities.
- Nausea after taking supplements.
- Rectal itching.
- Iron & calcium deficiencies.
- Acne.
- Dilated blood vessels on the cheeks & nose.
- Chronic candida, or intestinal parasites.
- Undigested food in the stools.

CONTAINS: 324 mg Betaine HCL, 14 mg Pepsin

NOTE:

- HCL is not recommended for those with stomach or duodenal ulcers.
- If you suspect that you have an ulcer do not take this product without consulting a physician.
- Not everyone with stomach problems lacks acid.
- If the product burns when you take it stop.
- Those taking drugs such as NSAID's (Motrin™, Naprosyn™, Indocin™, etc.) or cortisone-like drugs (prednisone, dexamethasone, etc.) that cause ulcers should not take this product without consulting a doctor.

Instructions: Take 1 capsule before each meal as a dietary supplement.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.